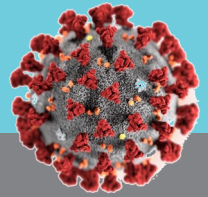


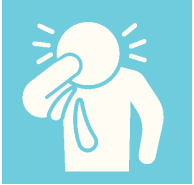
Coronavirus Disease 2019 (COVID-19)



What is it?

- Respiratory disease caused by a novel (new) coronavirus.
- The virus has the potential to cause illness, ranging from mild illness like the common cold, to more serious respiratory diseases, like pneumonia.

How is it spread?



- Through the air by coughing and sneezing.
- Close personal contact, such as touching or shaking hands.
- Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes.

What are the symptoms?



- Fever
- Dry cough
- Shortness of breath or difficulty breathing
- Aches and pains
- Nasal congestion
- Runny nose
- Sore throat

How is it prevented and treated?



- Wash your hands often, with soap and water, for at least 20 seconds,
 - If soap and water are not available, use hand sanitizer that contains at least 60% alcohol;
- Avoid touching your eyes, nose, or mouth with unwashed hands;
- When out conducting essential business,
 - Wear a cloth face covering,
 - Practice social distancing: maintain at least 6 feet of space between yourself and other individuals outside of your household;
- If you are sick, stay home and self isolate;
- Cover your cough or sneeze with a tissue or sleeve; and
- Clean and disinfect frequently touched objects and surfaces.

There is no medical treatment or vaccine for COVID-19. People who think they may have been exposed should contact their healthcare provider for advice.